**Unit 2 Influences on Eating**

**Test Review**

Be able to explain physical reasons we eat

Be able to explain psychological reason we eat

Know your **mind map factors** of why we eat the foods we do: culture, religion, geography, family, resources, availability, media, travel

Know the 7 different forms of advertising and how they try to promote the product to us

Be able to explain the uses of a food diary

The 7 steps in social science research

Pros and cons of the different methods of collecting data

Difference between primary and secondary research

The findings of all the groups’ research: hypothesis, proven/disproven, trends