**PART B: Meal Preparation and Evaluation**

Now that you have completed Part A you know which meal you will prepare for your family. You have recipes selected. You need to make sure you have all the groceries ready to go, and receipts saved for costing your meal.

As you prep and cook your meal, have a member of your family take pictures of your progress. **You can print or email these pictures:** [**laura\_burton@bwdsb.on.ca**](mailto:laura_burton@bwdsb.on.ca)**. These will be included in your Communication mark for Part B.**

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| **Costing the meal /10**  You will figure out the **total cost of the meal**, and **how much each serving was**. If you use food already in the house such as 1 onion from the bag, figure out how much that onion was. (such as $4 bag/12 onions = 1 onion .33)  **Total the cost,** then divide by the number of servings, per recipe for the meal.  Check with your parents on the cost of each ingredient. Include receipts if possible. |

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| **Timeline sheet /5**  Everything should be timed so all food is ready to be served at a set time. ( such as 6;00pm dinner) Planning backwards from 6:00pm is best  Fill in the time sheet based on the time it will take to prep and cook your recipe. The recipes that take the longest should be considered first.  I suggest you prepare ahead what you can and give yourself more time than you think you will need |

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| **Parental evaluation sheet /20**  You will need to have a parent or guardian supervising you while you prep and cook your meal. They may be te one taking pictures of you in action.  They will evaluate you and comment at the bottom of the sheet. |

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| **Your evaluation and reflection of your meal /20**  Answer the questions on the sheet provided, or if you have more to say, you could type up on a separate page. |

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| **Your Family’s comments on how you met their needs /5**  Each family member that you provided a profile for in Part A and dined at your meal needs to **submit a review** of the meal which will include   * your choice of food/recipes and whether they enjoyed it; why or why not, and if it met their needs /wants * if and how they helped with any of the meal prep, table setting, clean up * **a signature** needs to be included at the bottom of their review |

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| **Your Family’s Etiquette & Traditions /5**  Based on what we have learned and discussed in class write one paragraph on your family’s meal time etiquette. This will include table manners that are used, or could be improved on, or taught, as well as any family traditions observed at this meal and in general at most family meals. |

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| **Overall Communication /10**   * Include or send pictures of you in action and your set table etc * Include a copy of the dinner menu you are serving * Include a copy of the recipes you used in Part A ( you can take from Part A) * Include a cover page: Part B HFN Culminating assignment, your name, the date, Ms. Burton * Neatness * Organization * Spelling & grammar |

**Total /75**

**DUE DATE: Any time after Monday June 3rd up to Monday June 17th. -5% off a day late, up to -25%**