**A Collage of Personal Food Needs Assignment**

1. **Find pictures from magazines** that represent different types of food, or people eating
2. **Sort your pictures** into 2 categories:
   * Physical benefits for eating food:
     + Nutrition
     + Energy
     + Hunger/thirst
   * Psychological benefits for eating food:
     + Comfort
     + Social belonging and bonding
     + Pure enjoyment
     + Family togetherness
3. **Label the 2 categories on your page**, then present your pictures in a collage format under the correct label.
4. **Write a one-page explanation** on the pictures you've chosen.
   * **Defend the reason** you placed these foods in that category by describing how these foods help you physically and/or psychologically (emotionally)

Rubric

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| Criteria | Level 4+  100-90  EXCELLENT! | Level 4  89-80  All there, almost perfect | Level 3  79-70  All there | Level 2  69-60  Some | Level 1  59-50  Very limited |
| **Collage presentation**  KNOWLEDGE/THINKING   * Use correct visuals to show physical and psychological needs of eating   COMMUNICATION   * Clearly placed categories/numbered * Attractively arranged, titled | 7+ pics each category | 6 pics each category | 5 pics each category | 4 pics each category | 3 pics each category |
| **Written Explanation**  KNOWLEDGE/THINKING   * Clear on food categories   APPLICATION   * Able to provide valid reason for food choice and category   COMMUNICATION   * Clear ideas * Neatly presented * Spelling/grammar correct |  |  |  |  |  |