**A Collage of Personal Food Needs Assignment**

1. **Find pictures from magazines** that represent different types of food, or people eating
2. **Sort your pictures** into 2 categories:
	* Physical benefits for eating food:
		+ Nutrition
		+ Energy
		+ Hunger/thirst
	* Psychological benefits for eating food:
		+ Comfort
		+ Social belonging and bonding
		+ Pure enjoyment
		+ Family togetherness
3. **Label the 2 categories on your page**, then present your pictures in a collage format under the correct label.
4. **Write a one-page explanation** on the pictures you've chosen.
	* **Defend the reason** you placed these foods in that category by describing how these foods help you physically and/or psychologically (emotionally)

Rubric

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| Criteria | Level 4+100-90EXCELLENT! | Level 489-80All there, almost perfect | Level 379-70All there | Level 269-60Some | Level 159-50Very limited |
| **Collage presentation**KNOWLEDGE/THINKING* Use correct visuals to show physical and psychological needs of eating

COMMUNICATION* Clearly placed categories/numbered
* Attractively arranged, titled
 | 7+ pics each category | 6 pics each category | 5 pics each category | 4 pics each category | 3 pics each category |
| **Written Explanation**KNOWLEDGE/THINKING* Clear on food categories

APPLICATION* Able to provide valid reason for food choice and category

COMMUNICATION* Clear ideas
* Neatly presented
* Spelling/grammar correct
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