**A Bird’s Eye View of the Family**

1. Refer to pages 38-40, 48, 124-125, 224, 466, 484 in your textbook to review the Systems Theory.
2. Select a major event or circumstance that has affected your family.
3. You will create a **Before and After** depiction of your family system.
4. Choose a sturdy piece of coloured paper for the background (to give contrast to the ‘sculpture’). You can also make an actual 3-D representation.
5. Draw, trace, or paste symbols to represent each individual in your ‘sculpture’. You may use any number of materials i.e. different coloured paper, stickers, cutouts, pictures, figurines, etc. to symbolize each family member, friend, group, or major influence on your family that you want to portray in this ‘sculpture’.
6. Tentatively position each symbol on the background paper and experiment with various spatial arrangements until you find the one that best represents your situation. You should determine **a symbolic representation** of your family situation before and after the major event that affected your family. When you have finalized your plan, glue your symbols to the background paper or object.
7. Add boundary or connecting lines, to represent relationships’ closeness or conflicts.
8. **Write up an explanation** of the following and submit with the ‘sculpture’.
   1. Who each person in the ‘sculpture’ is. Give age and gender for each individual.
   2. Why you left off anyone who might logically have been included (if you did)
   3. Why you made the sculpture just the way you did.
      * Symbolic representation
      * Spatial arrangement
      * Distances between symbols
      * Boundaries or connecting lines
      * Colours
      * Sizes
      * Shapes
      * Etc

In your explanation, try to show some depth by stating more than one is ‘close’ to another, explain what is behind the feeling of closeness or separation such as emotional dependency, shared interest, geographical proximity, trust,…

* 1. Describe relationships between individuals **prior to** the event
  2. Describe relationships between individuals **afte**r the event
  3. **Relate 5 changes you have observed within your family related to the Systems Theory: feedback, strategies, subsystems**
  4. Add any summarizing or general comments you believe will clarify your ideas.

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| **Knowledge** | Possible mark | Your mark |
| Demonstrates a thorough understanding  of key terms related to Systems Theory | 10 |  |
| **Thinking** |  |  |
| Gives reasons for choice of spatial arrangements  and distances between individuals | 10 |  |
| Gives reasons for symbols use (size, shape,  colour, and symbolism related to personality | 10 |  |
| Explains relationships between individuals **prior**  to the event | 10 |  |
| Explains relationships between individuals **after** the  event | 10 |  |
| Explains boundaries and subsystems | 10 |  |
| **Application** |  |  |
| 5 changes that have occurred are outlined  and linked clearly to the Systems Theory   * Feedback loops or straight lines, strategies/patterns,   subsystems(types) | 20 |  |
| **Communication** |  |  |
| Detailed legend included | 5 |  |
| Well-organised, clarity | 5 |  |
| Spelling and grammar. Cover page; APA format. | 10 |  |
| Age, gender, and name of all individuals are identified | 5 |  |
| Mark sheet handed in with assignment | 5 |  |
| Total | 110 |  |